

Agua de Jamaica ~ Hibiscus Water



Agua de Jamaica (Makes about 10 cups, about ½ gallon)

1 cup dried jamaica (hibiscus) flowers*

About 11 cups of water, divided

¾ cup sugar

→Put dried jamaica and 8 CUPS (2 quarts) of cool water in a medium saucepan. Bring to a simmer over medium heat.

→Simmer for 20 minutes to rehydrate the flowers. Turn off heat.

→Pour through a strainer into a glass container to separate flowers from liquid. Discard flowers or [save them to use later in a different dish](#).

→Immediately add sugar to the hot jamaica “tea.” Stir until sugar is dissolved.

→Once the sugar is dissolved, add 3 CUPS of cold water to cool down the tea. Stir.

→Refrigerate and serve over ice.

NOTES:

- *Hibiscus flowers can be found at many Latin American grocery stores. If not, you can usually find them as a tea in larger grocery stores. Jamaica also [sold online](#). For more information about jamaica, click [here](#).

